



Tirumala Tirupati Devasthanams

శ్రీ వేంకటేశ్వర కళాశాల

Sri Venkateswara College

(University of Delhi)

NAAC Grade A+

**SRI VENKATESWARA COLLEGE
(UNIVERSITY OF DELHI)**

EVENT REPORT

NAME OF THE EVENT: Webinar on Body Positivity			
DATE	DEPARTMENT	COMMITTEE/SOCIETY	COORDINATORS' NAME
23/02/2023	NSS SVC	NSS	Dr. Jitendra Kalra
TIME	VENUE	NUMBER OF PARTICIPANTS	NATURE: Outdoor/Indoor; online/offline/hybrid
4:00 PM	Sri Venkateswara College	54	Online
FINANCIAL SUPPORT/ASSISTANCE (if any):	N.A.		

BRIEF INFORMATION ABOUT THE ACTIVITY

TOPIC/SUBJECT OF THE ACTIVITY	Webinar on body positivity
OBJECTIVES	<ol style="list-style-type: none">1. An initiative to educate people on the subject of body positivity2. Help people find solace and peace in their own selves and body3. Spread out positivity and create a sense of empowerment among all
METHODOLOGY	<ol style="list-style-type: none">1. Conduction of webinar which involved expert speaker accentuate on the importance of body positivity2. The speaker being co-founder of an all size inclusive clothing brand shed light on body positivity and importance of acceptance3. An exclusive part dedicated to q/a
INVITED SPEAKERS WITH AFFILIATION DETAILS (IF ANY)	Vishakha Bhaskkar

OUTCOMES	The speaker, also featured in Shark Tank, illuminated everyone present with the knowledge of body positivity, focusing on accepting our flaws, and being kind to our bodies. A set of questions were raised during the session, all of which were succinctly answered by the speaker.
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PROOFS & DOCUMENTS ATTACHED (Tick mark the proofs attached):

1 Notice & Letters	2 Number of Participants & Name of participants ✓	3 Video clip	4 Photos ✓	5 Feedback Form & analysis
6 News clip with details	7 Sample Copy of the Certificate ✓	8 Posters/ Invites ✓	9 Event report Attested by Event Coordinator & IQAC Coordinator ✓	10 Any other document

IQAC Document No: IQAC/SVC/2022-23/NSS/18	Criterion No: III & VII
Departmental file no: NSS/2022-23/NSSSOC/18	IQAC file No: SVC/2022-23

NAME OF TEACHER & SIGNATURE	NAME OF HEAD/ COMMITTEE INCHARGE & SIGNATURE	IQAC COORDINATOR (SEAL & SIGNATURE)
Dr. Jitendra V. Kalra	Dr. Jitendra V. Kalra	Prof. Swarn Singh

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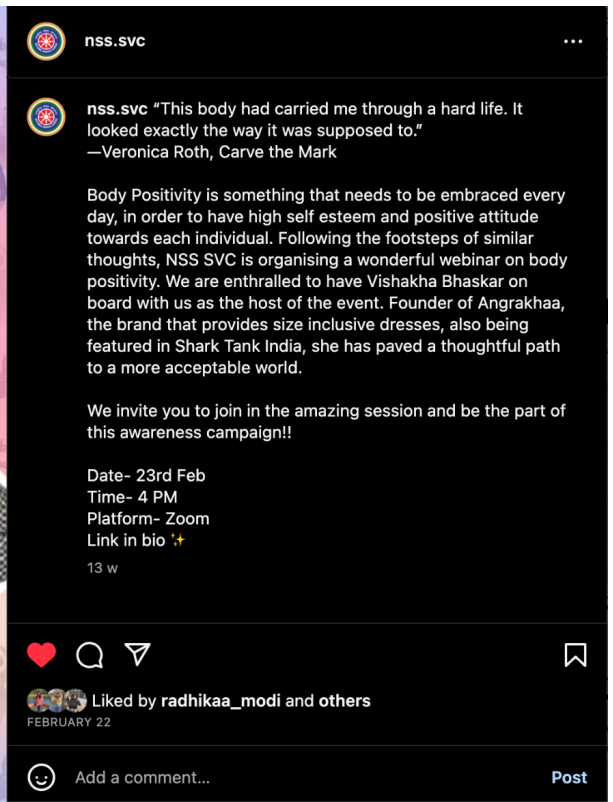
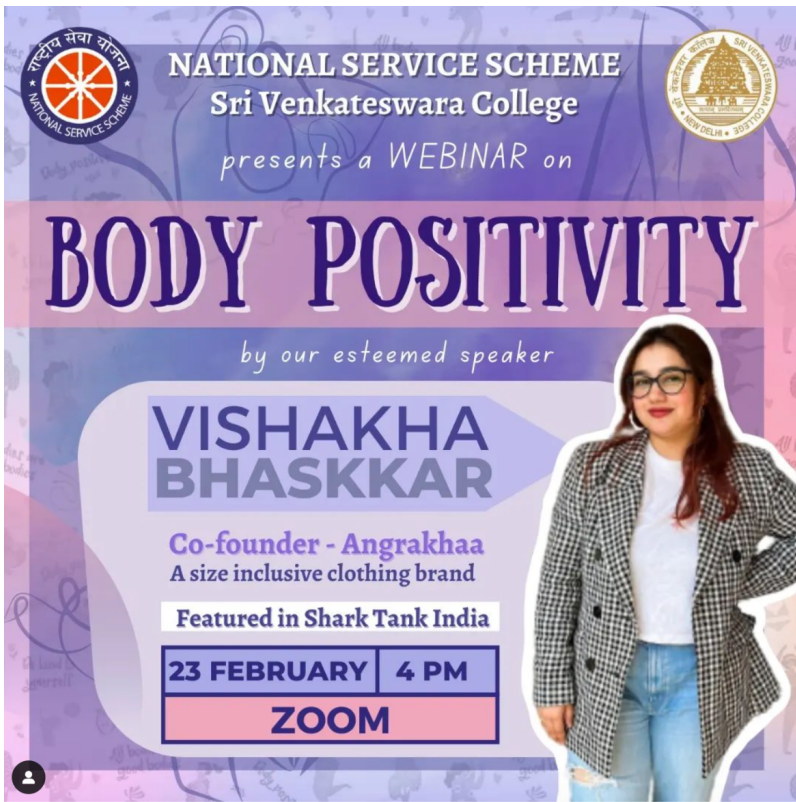
For Reference

Criterion I	Curricular Aspects (planning & Implementation)	Criterion V	Student Support & Progression
Criterion II	Teaching Learning & Evaluation	Criterion VI	Governance
Criterion III	Research, Innovations & Extension	Criterion VII	Institutional Values & Best Practices
Criterion IV	Learning Resources and Infrastructure		

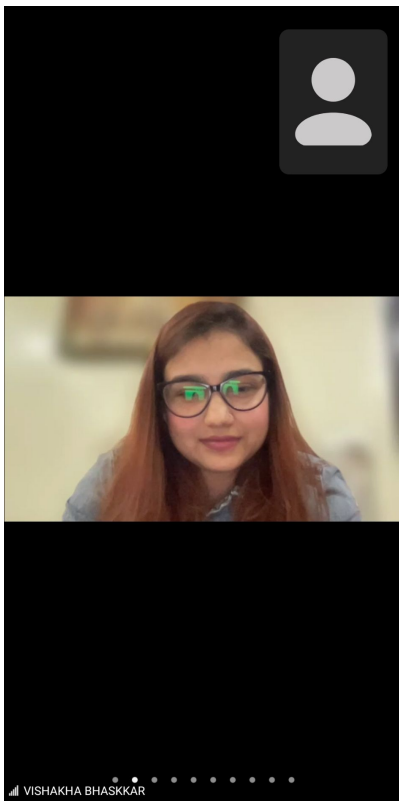
REPORT

In the age of social media, when comparing yourself to other people and feeling insecure about oneself has become the norm, a much needed body positivity webinar was conducted by NSS on 23/03/2023. This session was graced by the presence of Vishakha Bhaskar, cofounder of Angrakha, an all size inclusive clothing brand, and a body positivity advocate. The webinar served as a safe space for people to confide and discuss about their queries and how body positivity is not a one time thing, but a mindset, a way of living, something that you have to remind yourself about constantly. "Kindness sprouts from within" is something that was reflected in the discussions we had and is one of the many lessons learnt. Hoping that the volunteers and participants alike can see the world and themselves in a new light and apply these principles to their daily life.

POSTER



PICTURES





Trinmala Varipati Devasthanam
 श्री चंद्रशेखर कृष्णदास
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PERMISSION FOR ORGANIZATION OF EVENTS

NOTE: 1. Please ensure that the completion certificate of the event is physically signed by the Convener of the event, IQAC Coordinator and Principal after the event report is made.
 2. Please ensure a pre booking of the venue before getting the permission letter signed.
 3. A copy of this duly filled form signed by the TIC/ Convener and Principal shall be submitted to ICT, Caretaker, IQAC Coordinator, Dr. Arpita Kaul for commerce, NSS, NCC, Placement and Sports events, Dr. Neelesh for humanities events, Dr. P. Jayaraj for sciences events.(mails mentioned in SOP)

EVENT DETAILS

1. Name of the Department/Society Association: **National Service Scheme**
2. Name of the TIC Convener (if any) Prof./Dr./Mr./Ms. **Jitendra V. Kabra**
3. Nature of Event: Seminar/Conference/Symposium/Workshop/FDP/Public or community outreach/ skill enhancement/others **Awareness for body positivity campaign**
4. Participants: **Student-centric / Faculty/Both**
5. Event Type **Offline/Online/Hybrid: Indoor / Outdoor**
6. Collaborating Agency /Organization: _____
7. Proposed Title of the Event: **श्री. Ishq - Body Positivity Awareness**
8. Tentative List of Speakers with affiliations: _____
9. Date, Time from to : **~~6th March, Monday~~, 3rd March, Friday.**
10. Financial Assistance/ Funding received (if any) _____
11. Proposed Budget (please attach details in a separate enclosure): _____
12. Faculty responsible for Geo Tagged Pictures ... **Photography team, NSS/ Pristhya**
13. Faculty responsible for Event Report ... **R & C Team, NSS**
14. ICT support required, if any (ICT Lab, Laptop, LCD projector) **No**
15. Caretaker support required (tables, chairs, public addressing system, sanitation, manpower assistance) **AO Board**
16. Room requirement (Seminar/ any other) **Foyer, Santeen**

Dr. Jitendra V. Kabra
 Name & Signature of TIC/Convener

Signature of Principal

Date **28/02/2023**

Date _____

Webinar on Body Positivity 23rd Feb, 2023

ATTENDANCE SHEET

NAMES	No. of hours
	Webinar on Body Positivity 23rd Feb (2)
Abhimanyu Garg	1
Aditya Mishra	1
Akansh Gandhi	1
Aksha Jain	1
Ananya Singh	2
Anirudh gambhir	1
Anu Gandhi	1
Anuska Mishra	1
Arun Kumar Mahilane	1
Arushi Garg	1
Aryan Jaiswal	1
Dhanshika Kaushik	1
Divita Anand	1
Doyel Das Gupta	1
Innat Adil	1
Jewel Maria Biju	1
Jyothika	1
Karina	1
Kartavya Gupta	1
Khushi Pruthi	1
Khushi Tyagi	2
Kirpuneet Kaur	1
Maseera Shaik	1
MAYANK KOHLI	1
Mukti	1
Nancy Lokesh	1
Nishtha Chaudary	1
P. Harshvardhan	1
Parkhi Juneja	1
Pratyush Purwar	1
prischya gulati	1
Priyanshu Yadav	1
Pushpanjali	1
Radhika Modi	1
Raghav Puri	1
Rooshali Semalty	1

Roshan	1
Sabhya Mishra	1
Sachin Singh	2
Samiksha sharma	1
Sanjana Bisht	1
Sanvi Manchanda	1
Sanya Sachdeva	1
Saumya Kumari Gond	1
Shambhavi Dixit	2
Shivangi Goel	1
Shreya kaushal	1
Shruti Bhargav	1
Sneha khatri	1
Sreethu V S	2
Sumera	1
Tanushree Rana	1
Tanya Virmani	1
Vidushi Kokcha	1



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CERTIFICATE

This is to certify that the event Webinar on Body Positivity was successfully conducted on 23rd February, 2023 from 2.00 PM to 4.00 P.M by National Service Scheme in the Online mode and its event report has been submitted to IQAC for records.

Event In-Charge

IQAC Coordinator

Coordinator, IQAC
Sri Venkateswara College
(University of Delhi)
Dhaura Kuan, New Delhi-110021

Principal

PRINCIPAL
Sri Venkateswara College
(University of Delhi)
Dhaura Kuan, New Delhi-110021